

# SANDBAR

## BREAKFAST MENU



### LARGE BREAKFAST OPTIONS

The Full Welsh £12.50  
The usual suspects with laverbread

The Full Veggie £12.50 (v)  
Cumin paneer, spinach and peas, tomato, avocado,  
mushrooms, and potato with laverbread

### LIGHT BREAKFAST OPTIONS

Smoked Salmon and Avocado £8.25  
Scrambled eggs and truffle butter

Toasted Bap £5.95  
Sausage, bacon, crispy egg

Granola £4.95  
Berries, Greek yogurt, honey

### EGG OPTIONS

Smoked Salmon and Smashed  
Avocado £8.25 (gf)  
With scrambled eggs and truffle butter

Eggs Benedict £7.50  
With ham, chive and hollandaise

Kippers £6.50  
With spring onion scrambled eggs  
and chilli prawn butter



### PASTRIES & FRUITS

Croissants and Pain au Chocolat  
£5.25 (v)  
With jams, butter and creams

Monsieur £6.50  
Ham, cheddar and béchamel

Mushroom £6.50  
Flat mushroom, goats' cheese, spinach and béchamel

### BUTTER MILK PANCAKES

Bacon and Banana Pancakes £7.25  
With crème fraiche and maple syrup

Berry and Granola Pancake £7.25 (v)  
With winter berries, Greek yoghurt and honey

### COFFEE & HOT DRINKS

Espresso £  
Double Espresso £  
Cappuccino £  
Latte £  
Flat White £  
Hot Chocolate £  
Selection of Teas £

(v) Suitable for vegetarians. (GF) Gluten Free.

If you have any food allergies or intolerances please speak to our team about ingredients in your meal when placing your order. 1.10.20